

5-Minute Kids™

A Service Delivery Model for Students with Speech Sound Disorders

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Seminar Objectives

To learn how to:

- Write an IEP for individual services.
- Develop organizational systems for data collection.
- Schedule students for sessions.
- Implement the 5 Minute Kids™ program.
- Create materials for therapy.
- Address services to multiple buildings and articulation/language students
- Implement the program in an RtI model



The Need for Change

- Data driven therapy
- Needed more time to focus on one student
- Concerned about the time that other students “waited for their turn”

Will This Program Work?

- Documented the student’s initial/exit IEP dates for both programs over the past 8 years
- Calculated the total number of months serviced
- Determined the average months in therapy



Comparative Data on Both Programs

Speech Program	Number of total months in therapy	Minutes per month based on average sessions	Total number of minutes in therapy	Equivalent number of hours in therapy
Traditional Therapy ¹	15	210	3150	53
5 Minute Kids™ Program ²	9.5	34	350	6

5-Minute Kids™ and RtI

- Second tier intervention
 - 6 or 12 week program
 - Create a permission form
 - Talk to family—support/practice at home is essential
- Data can measure change over time
 - Take pre/post data

IEP Information

- X times monthly for 5 to 10 minute sessions
 - Mild: 5-8 sessions
 - Moderate 7-12 sessions
 - Severe 10-16 or more sessions
- X minutes per month
- 2-5 times weekly for 5-10 minute sessions

Individualized services

- Vary the number and length of sessions.
- Early intervention—more service to earlier grades.
- Intensive services to new students.



Special situations

- Multiple buildings
 - Two times per week OR 5-8 times per month
 - Twice daily
- Articulation/Language students
 - Services can be written separately
 - Write IEP for 30-40 minutes

Scheduling sessions

- 2-5 times weekly
- Blocks of time in day
- By grade levels
- Into half hour slots
- Into non-instructional time



Speech session

- Work in hallway by classrooms
 - Borrow chairs, use tables available
 - Find available space: library, empty rooms
 - Therapy room
- Session
 - Review last session, select goal for the day
 - Practice sounds, discuss next goal
 - Assign homework

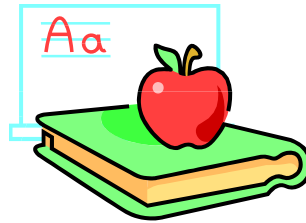
So what can you DO in 5 minutes?

- Name 117 pictures
- Repeat 157 words
- Repeat 125 phrases
- Create 35 sentences



Basic materials

- Folders for student information
- Materials for drill
- Storage system
- Miscellaneous materials



Student Folders

- Pocket folders with clips
 - Color coded for each grade
- Student's name is on the outside spine
- Spine is reinforced with clear tape
- Medicaid sticker when needed



Student Folder: Back pocket

- Log sheet
- Notes for correspondence
- Sticker to record homework

DATE	ASSIGNMENT	RETURNED

Creating Books for Drill

- Combine lists from all workbooks available
- Bind in books with colored card stock covers
- Store books in plastic magazine holders



Miscellaneous Materials

- Tally counter to record responses
- Timer
- Speech percentage calculator wheel
- Multi colored pens for recording data
- Cart for storing and transporting materials

Other materials

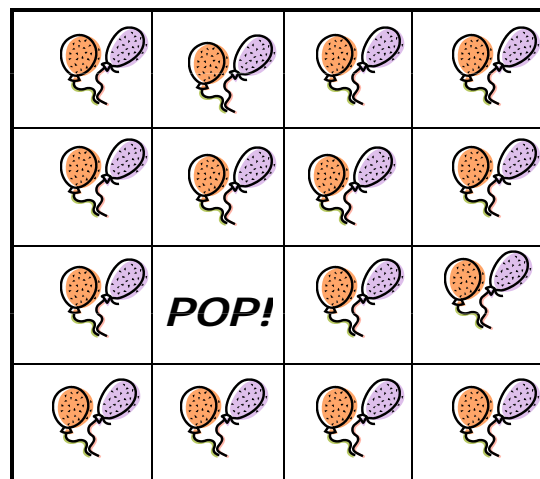
- Picture cards copied on card stock for drill
 - Color coded corresponding to book
- Reading books from class
- Homework folders for students
- And.....

Games!

- Decks of cards sound cards with a sticker as “winner”
- Artic Chipper Chat
- Entire world of R materials—flip books
- Double dice/DOT activities
- Make your own “envelope” games



ENVELOPE GAMES



Envelope games

- Easy to create
- One card is designated the "target card"
- The person with the "target card"
 - Wins/loses game
 - Earns a point, play continues
 - Collects all cards/Gives away cards
- Individualize a game to a student
- Summer homework games!



5-minute grammar!

- Drill on various grammatical structures
- Create card sets
- Games to go



Possibilities are endless

- Fluency students
- “5-minute” is a term, adjust time and sessions
- The concept allows for flexibility in services and easier ability to schedule sessions

Advantages

- No planning!
- Increased number of responses per session
- Able to focus on student’s needs
- “Finely tune” goals
- Very little time out of class
- Teachers/parents/students receptive

Advantages

- If students are busy—come back later!
- Keeping data—able to record more often
- No behavior problems
- You “earn” more time for other duties when there are absences, field trips, etc.

Advantages

- Fewer costs involved in materials
- Frequent contact with teachers
- “Buy in” with students—they enjoy seeing their results

Concerns

- Each new student adds more time in the day.
- Time management.
- Teachers/districts may not be receptive.

Comments from teachers

- I love this program!
- The kids do not miss instruction
- I don't have to re-explain lessons
- The kids don't seem stressed about leaving class
- The kids are not missing entire lessons



Questions?



Contact Information

For any information, ordering or
comments:

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